



IDEAS AND DATES FOR THE DIARY FEBRUARY

Open the door to dialogue

Why not use our prayer and action resource each month this year, focusing on the particular group of people that the Pope is inviting to Rome and asking us to pray for during the Year of Jubilee? This month, we are opening the door to dialogue, so click here to use these slides and call to action.



February 7th – Feast of Bl Rosalie Rendu

Blessed Rosalie Rendu was fundamental in helping Bl Frederic and his friends in their early charitable works. She was also an amazing example throughout her life of someone who was dedicated to supporting the poor. On the 7th of February we celebrate her feast day. Could you mark the day in some way, perhaps with cake? This **Fact Sheet** gives more information about her life and some questions for reflection with your group.

February 11th – Feast of Our Lady of Lourdes, World Day for the sick

On February 11, the Catholic Church celebrates Our Lady of Lourdes, remembering the 18 appearances of the Blessed Virgin Mary to St Bernadette Soubirous. She is the patron saint of the sick, and the day also marks World Day for the Sick. How can you support those who are ill in your community, showing them they are not alone?



February 14th – Valentines Day

February is a month to show love, and Valentine's Day is on the 14th. This is a great time to spread kindness. Consider making cards or writing letters for those isolated in your community or parish. Check with local care homes, nursing homes, churches, or SVP community support centres to see where help is needed and get creative!

February 17th – Random Acts of Kindness Day

Use this day to reach out to a group who might be struggling, support a local charity, or lend a hand to someone in need. This is a call to create a ripple effect of positive change.

